

Fondation de l'Hôpital Lachine CUSM

Lachine Hospital Foundation MUHC

Membre de la famille de la Fondation du CUSM A Member of the MUHC Foundation Family

25

ANNUAL REPORT

Building a Healthier Future



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Your Support Has Made All the Difference

As we reflect on the past year, our hearts are filled with immense gratitude for the unwavering support you have shown. Your generosity has turned our big dreams into reality, enabling us to make remarkable strides in advancing health care at the Lachine Hospital.

Together, we have raised \$3.8M, empowering our Dream Big: Lachine Hospital campaign. Our mission, in 2023-2024 and always, remains the same: to make world-class care easily accessible for you and your loved ones.

Every milestone we've reached, every life we've touched, and every moment of hope we've fostered is a testament to your dedication. It is your belief in our mission that has empowered us to achieve so much—from enhancing patient care to providing lifesaving equipment.

We are deeply honoured to have such a committed community of donors who share our vision of a better, healthier future, as well as such dedicated board members and campaign co-chairs. Your contributions are the foundation upon which we've built our successes, and we are excited to continue this journey together.

Looking ahead, we are filled with hope and anticipation for what we can accomplish with your continued support. Together, we will keep pushing boundaries, exploring new possibilities, and ensuring that Lachine Hospital remains a beacon of care and compassion for all.

Thank you, from the bottom of our hearts,

Marie-Hėlène Laramėe

Varfus Elm

President and CEO, MUHC Foundation

Jacques Filion

Chair, Lachine Hospital Foundation Board of Directors

With Gratitude

As we look back at 2023-2024, we wish to extend our deepest gratitude to each of you who have contributed to the Dream Big: Lachine Hospital campaign. Your generosity is more than just a donation. It is a commitment to the health and well-being of the entire West Island community, as well as to every family who needs the care and services provided at the Lachine Hospital.

Thanks to your generous contributions, the Lachine Hospital continues to make significant progress on its modernization project. From high-tech equipment and more patient-friendly spaces to an effective working environment for our professionals to do their best work, your unwavering support will allow patients to benefit from exceptional care close to home.

As we look ahead, we remain inspired by your kindness and dedication. Thank you for dreaming big with the Foundation and for making our vision of a modern, world-class Lachine Hospital a reality.

Sincerely,

Culvatey

Lucie Opatrny, MD MHCM, FRCPC MSc.

President and Executive Director, MUHC

Peter Kruyt

Chairman, Board of Directors, MUHC

Dreaming Big, Together.



As co-chairs of the Dream Big: Lachine Hospital campaign, we are filled with profound gratitude as we reflect on the incredible journey we've embarked on together. Your generosity has not only fueled our ambitions but has also played a pivotal role in transforming the Lachine Hospital into a center of excellence for the entire West Island.

Together, we have truly accomplished so much. You will find an update on the campaign on page 13 of this report. From modernizing muchneeded equipment to enhancing patient care and services, each achievement is a direct result of your unwavering support. It is with great pride that we celebrate these milestones, knowing they would not have been possible without your belief in our shared vision.

But our work is far from over. As we look to the future, we are filled with hope and determination to continue building. With your continued partnership, we are confident that we can achieve even greater heights, ensuring a healthier and brighter future for all who call the West Island and Lachine home.

Thank you for dreaming big with us and for making these aspirations a reality. We are truly honoured to have you by our side.

With heartfelt appreciation,

Hélène V. Gagnon

Chief People and Sustainability Officer, CAE Inc.

Peter Pomponio

President and Owner, Assante Dorval

Maja Vodanovic

Mayor of Lachine

Francois Vaqué

Senior Vice President and General Manager, Citoyen

Lachine Hospital: A Lifeline of Care

With the heart of a community hospital and the resources of a world-class research institute, the Lachine Hospital Foundation and the McGill University Health Centre (MUHC) Foundation's Dream Big: Lachine Hospital campaign is ensuring that world-class health care is readily available in the West Island.

Looking back at 2023-2024, one thing is clear: our community has proven to be stronger than ever, especially as we surpass the much-anticipated halfway mark in our \$5 million goal that supports the modernization of Lachine Hospital.

Celebrating Breakthroughs, Inspiring Progress

Together, we're building a brighter future for every single Quebecer who calls Lachine and the West Island home. This is made possible by your generous donations, which support state-of-the-art equipment that isn't covered by government funding. This includes immersive multi-sensory tools for palliative care, therapeutic baths to enhance patient comfort, and cutting-edge audiovisual integration in the operating rooms to advance teaching capabilities.

The funds we raised together in 2023-2024 are empowering Lachine Hospital's dedicated health care workers to handle an increasing volume of patients with expanded emergency department space and enhanced acute care services. From newly constructed surgical suites to individual patient rooms and a comfortable palliative care unit, we're creating a hospital built on one principle: compassionate, people-first care.

Our mission is simple—delivering the very best care to you and your families. We're not just modernizing a hospital—we're building a community hub where state-of-the-art equipment meets world-class care, in the heart of Lachine.

As you flip through the pages of this report, know that we couldn't have achieved any of this without your steadfast support and belief in our mission.

↑\$821K

Raised

1971

Donations

1478

Donors

*** \$3.8M**

Campaign to date





Lachine Hospital's Ophthalmology Department Restores Vision & Hope

At 60, George Kafri faced a terrifying reality: his vision was rapidly deteriorating due to complications from diabetes. Living in Lachine, he turned to the Lachine Hospital, renowned for its ophthalmology department. Backed by the Lachine Hospital Foundation, the department offers state-of-the-art technology and personalized care. Dr. Pavlina Youhnovska, a dedicated ophthalmologist, discovered a cyst in George's retina and recommended intravitreal injections to reduce the swelling and save his sight.

Initially, George was anxious about the procedure, but Dr. Youhnovska's reassuring manner and expertise eased his fears. Over two years of treatments, George's vision was restored, giving him back his autonomy and quality of life. Today, he only requires two injections a year to maintain his sight.

"Stories like George's are what make me proud to be part of Lachine Hospital," says Dr. Youhnovska. "Our goal is to treat the whole person, not just the symptoms. Whether it's physical care or emotional support, we empower our patients to take control of their health."

It's thanks to your generous donations that the Lachine Hospital's ophthalmology department can ensure patients like George receive the best possible care.

Honouring Montreal's Legacy of Palliative Care

Dr. Balfour Mount, a McGill surgical oncologist, introduced the term "palliative care" when he brought the principles of hospice care from St. Christopher's Hospice in London, England, to Canada. In 1975, he opened the country's first palliative care centre at the Royal Victoria Hospital, now part of the MUHC, grounded on the principle of holistic care. Today, under the leadership of Dr. Geneviève Chaput, the Lachine Hospital carries on this legacy of compassionate care that ensures dignity and quality of life for all patients, at every stage of illness.



The palliative care program at Lachine Hospital takes a whole-person approach to care, integrating medical care with holistic therapies to address not only physical symptoms but also emotional and spiritual well-being. These services bring comfort, reduce stress, and create moments of connection during life's most challenging times.

"The heart of the palliative care approach is to provide high-quality care that honours patients' dignity, needs, and preferences," shares Dr. Chaput. "Thanks to your generous donations, our palliative care unit and outpatient clinic services will expand in size and capacity, bolstering our ability to best respond to patients and families' care and support needs."

Your support plays a crucial role in providing compassionate care to the most vulnerable patients in the heart of the West Island—thank you for caring for your community.

Music Therapy: Comfort Through Sound

In palliative care, where emotional well-being is as important as physical comfort, music therapy provides a safe space for expressing difficult emotions and beginning the process of grieving. Whether it's playing an instrument, listening to favorite songs, or simply engaging with the rhythm, music therapy creates a soothing environment that allows for relaxation and reflection.

This therapeutic approach is not only about the enjoyment of music but also about creating meaningful moments for patients and their loved ones. Music has the power to evoke memories, soothe anxiety, and facilitate difficult conversations, making it an invaluable tool for those beginning the grieving process.



By incorporating music therapy into the patient care model, Lachine Hospital's palliative care unit ensures a whole-person approach to care.

"Music therapy plays an important role in palliative care. With the goal of improving the overall well-being of the patient and their family, it can promote relaxation, feelings of vitality, self-expression, catharsis, and creativity through singing, improvisation, song-writing, musical reminiscence, and active listening. It can create an atmosphere conducive to reflection, communication and serenity for patients and those around them." —Laurena Segura, Music Therapist, Lachine Hospital Supportive and Palliative Care Unit

Every year, donors of the Lachine Hospital Foundation provide \$5,000 for musical therapy for palliative care patients and the residents of Camille Lefebvre Pavilion.



Massage Therapy: Relief and Connection

Massage therapy at Lachine Hospital's palliative care unit goes beyond physical relief—it provides comfort, connection, and emotional healing. The gentle touch of massage helps alleviate pain, reduce muscle tension, and promote deep relaxation, offering a sense of peace to patients in their most vulnerable moments.

For those receiving palliative care, where symptom management and enhancing quality of life are paramount, massage therapy serves as a powerful holistic tool that addresses both the physical and emotional needs of patients.

This therapeutic approach provides more than just medical benefits; it also fosters moments of human connection, which are particularly meaningful for patients who may feel isolated or anxious. Thanks to your generous support, we are able to offer this essential service, helping patients experience both physical relief and compassionate, whole-person care at every stage of illness.

Your contributions make a real difference in supporting their comfort and dignity. This year, Lachine Hospital Foundation provided \$3,200 for this service including a new massage chair and therapeutic oils.

"Massage therapy is about more than easing pain; it's about connecting with patients, providing them comfort and care when they need it most." -Suzanne Boivin, Massage Therapist at Lachine Hospital

Warming Hearts with Holiday Baskets

The MUHC Foundation and Lachine Hospital Foundation brought holiday cheer to families in need this past season by distributing holiday gift baskets.

Working closely with social workers at the MUHC, we identified families facing challenging times and gifted baskets with essential items like food, clothing, and thoughtful gifts for Lachine Hospital patients and their loved ones.



Thanks to your generous donations, the team was able to hand out gift cards alongside these essential items and personalized gifts. Some donors even went a step further by directly supporting families in need, ensuring that patients faced with financial difficulties due to their illness have enough to eat and celebrate with their loved ones.

"Our goal is to make a real difference for families in our community," explains Feven Ghezai, Coordinator at the Lachine Hospital Foundation. "These Holiday Baskets offer warmth and support to those who need it most, reminding them that they're not alone, especially during the holidays."

Honouring our Hospital Heroes

Heroes walk the halls of Lachine Hospital every day, from physicians and nurses to dedicated staff and volunteers who go above and beyond in their care.

The Lachine Hospital Foundation's Hospital Hero program allows patients and their families to celebrate these extraordinary individuals by making a donation in their honour. Each Hospital Hero receives a hero pin and a personalized thank-you card, a gesture acknowledging the meaningful impact they've made.

This past year, countless heroes were nominated by grateful patients and community members. Whether it was a lifesaving surgeon, a nurse who provided comfort and answers, or a housekeeping team member who brightened someone's day, the Hospital Hero program reminds us that the little acts of care make a big difference.

To our community—thank you for supporting the health care workers who give their all, every day.





The Lachine Hospital Foundation Gala 2024

On April 15, 2024, we hosted our signature event, the Lachine Hospital Foundation gala, which raised \$182,830 for the Dream Big: Lachine Hospital campaign. The Montreal Airport Marriott In-Terminal Hotel was converted into Studio 514, a unique Montreal-spin on the famed disco nightclub Studio 54. It was a moving evening filled with celebration and disco flair, and members of the West Island business community united to support the bright future of Lachine Hospital.

The playful theme of the gala was a nod to the vibrant, close-knit community that makes up the Lachine Hospital and its supporters. Among the invaluable members of this community are gala co-chairs Julie Emond, Vice-President and General Manager of BioMérieux Canada, and Jason Prevost, President and COO of Leviton Canada, who played a vital role in the success of the gala.

Together, we're not only dreaming bigger than ever—we're helping build the future of Lachine Hospital, ensuring that it will provide world-class care for generations to come.

"Anyone who has ever benefited from the line of care at Lachine Hospital knows what a truly special place it is. It's been an absolute honour to serve as gala co-chair and see this incredibly meaningful event come to fruition." —Jason Prevost, Gala Co-chair and President and COO of Leviton Canada









Looking Back on the Dream Big: Lachine Hospital Campaign

Thanks to the unwavering support of our donors and partners, we are seeing remarkable progress in our Dream Big: Lachine Hospital campaign, with the brand-new extension of Lachine Hospital set to open to the public in 2026.

This ambitious project will transform the hospital, providing state-of-the-art facilities and expanding its capacity to deliver world-class care to the entire West Island community.

To date, more than 2,615 generous donors have provided over \$3.8M in donations, reflecting their inspiring commitment to bettering health care in their community.

The Lachine Hospital Foundation is working hand-in-hand with the dedicated team planning the expansion project and an extensive list of cutting-edge equipment totaling \$665,000 is now in procurement, with many other purchases expected soon.

Thanks to donors like you, our Foundation is able to purchase state-of-the-art equipment like motorized procedure tables in the emergency room, specialized surgical lamps in the operating room, and therapeutic baths on patient units.

Together, we're building a brighter future for Lachine.

Looking to the Future, Together.

The Lachine Hospital Foundation and the MUHC Foundation are thrilled to keep working together to secure the bright future of Lachine Hospital, which provides essential health care services to all of the West Island.

Our vision remains clear: to fund cutting-edge, lifesaving equipment that will bring Lachine Hospital into the future and ensure that every patient receives the best possible health care close to home.

The impact of our campaign extends far beyond the construction of new spaces. It's about building a future where Lachine Hospital continues to serve as a cornerstone of health care for the West Island, offering advanced treatments and compassionate care for generations to come.

As we continue on this exciting journey together, one thing is certain: this is the beginning of a new era for Lachine Hospital.

The excitement within the Lachine Hospital Foundation, the MUHC Foundation, and our community is palpable as we work to make this shared dream for Lachine Hospital a reality. The future is promising, and with your continued support, we will soon celebrate the completion of a hospital that stands as a symbol of hope, innovation, and excellence in patient care.

2023-2024 Honour Roll

The Honour Roll lists the individuals, companies and foundations who have made exemplary donations in 2023-2024.

Chair's Council (\$10,000+)

Aéroports de Montréal inc. The Dr. Louis G. Johnson Foundation

Fondation Luc Maurice Leviton Manufacturing of Canada

Hélène V. Gagnon ULC

Glencore Canada Corp - Division Metro inc.

Fonderie Générale du Canada

Founders Society (\$1,000-\$9,999)

Émile Bassila Jacques Filion Les Amis du CUSM

Sewa Singh Bhogal Fondation Mirella & Lino Saputo McGill Urology Associates

Linda Deley Bissonnette Robert Franks Sara McKenna
Aaron Branston Robert Galvin Rachel Ménard

Thérèse Brouillette Ferron Gouvernement Québec - Ministère- John Morin

Liliane Busby Des Finances Jacques Nolin
Peter R. Carter Rod Hayes Vera Osidacz
Cité de Dorval Felix Hilton Henri Primeau

Fernanda Civitella Long Hua Arthur Rogers

Club Croquet Lachine Joan F. Ivory Resham Singh Raju

Cmdp - Hôpital De Lachine Mohammed Kanwal Family- Dr. Marty Teltscher

Dr. Nicole Ezer Foundation François Vaqué

Richard Fahey André Lacroix Ville de Montréal - Service-

Santo Ferraiuolo Francine Laliberté des finances

Governors' Circle (\$250-\$999)

Saul S. Abracen & Family Foundation Lucille Gauthier Mahendran Muthusamy

Geraldine Wilcox Anna Aquilera Myriam Ménard Robert Alain David Girard Jean-Jacques Nattiez Colin Aleona Marilyn Gollan Danielle Nobert Maureen Anderson Andrée Gosselin Vera Nowostawsky Robert Beauchamp Sylvie Goulet Julius Nyiszto Gilles Beauregard Dr. Harold Green Susan Palfree

Nicole Benoit Joan Hall PayPal Giving Fund Canada

Mary Parker Hand Diane Ressette Manuel Perrier Suzanne Bisaillon Danielle Hardy Yolande Perrier Bernard Blanchet Carmen | Philibert Ralph D. Harewood Edith Bolduc Arthur Himbeault Gilles Pigeon Noël Brousseau Karl Hirtle Claude Proulx Louise Chalmers Carole-Anne Hojnik Claude Rhéaume

Franklin Chan James Hughes Linda Richer

Rejean Charest Institute For Christian Communities François Rochefort
Paul Charlebois Jacques Internoscia Micheline Rouleau
Chevaliers de Colomb Kasturilal Kappor Dr. M. Ram Sairam
Louis A. Corriveau Dr. Lea Katsanis Kevin Scully
Jean Côté Gemma Keroack Paul Shallhorn

André Danis Docteure Adeline Khadoury Vilma Sheridan

Dr. Mahshad Darvish Robert Kouri **Guy Sicotte** Luc Daudelin Richard Labrecque Carol Silver Claude Dauphin Liette Laflamme Kearney **Christine Sims Janet Davis** lean-Pierre Lafortune Hardey Sinah Pascale Delhaye Micheline Landry Daniel E. Small Robert Desforges Francine Legault Sender A. Smolash Louise Desjardins Geneviève Levac **Gunnar Sprauer** Zhi Chao Li Reinhard Sprogis Gail Desnoyers Philippe Dewitt James Loo Wenda St-Pierre Chahinaz Loulou Robert Sullivan Mamour Diouf **Jacinthe Dorais** Juliana Lukow Michel P. Synnott

William Dufour James MacNeil Hoi Yen Tsang
Gordon Eccles Julie Marcil Gayla P. Koleva Tsvetkova
Regent Emard Daniel Marion Université de Montréal

Régent Émard Dr. Errol B. Marliss Frank Watson Geneviève Filion Janet McLean John Weale Louise Finlayson Tom McOwen Joan Webb

Gloria MacMillan

Louise Gagné Robert Melnyk Docteure Pavlina Youhnovska

Paul-André Gagnon Bruce Minorgan Docteur Mario Zummo

Pierre Gaston Dr. Gabriel Minz

Marielle Downs

Dan Talos



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