



Fondation de l'Hôpital de Lachine
Lachine Hospital Foundation

The Current

The Lachine Hospital Foundation Newsletter

AUTUMN | 2017

THE LACHINE HOSPITAL – A HIDDEN TREASURE IN MONTREAL'S WEST END!

Originally built in 1913, the Lachine Hospital, formerly known as Hôpital Saint-Joseph, was founded by the Sisters of Providence. At that time, the hospital was located on Saint-Louis Street in Lachine. In 1940, the current building on 16th Avenue and Saint-Antoine Street opened its doors.

The institution was run by the Sisters of Providence until 1974, at which time its management and administration were transferred to the provincial government and it was renamed the Centre Hospitalier de Lachine.

In 1992, the Camille Lefebvre long term care pavilion was built. It houses 134 long term care beds, 20 of which are dedicated to long term



The 134-bed Camille Lefebvre long-term care pavilion is connected to the hospital

respiratory care patients. The pavilion accommodates people who require assistance, support and medical supervision and offers services that are especially adapted to their needs. It is

a social living environment where the priority is for residents to have an optimal quality of life in accordance with their levels of autonomy and capability.

In 2008, the Centre Hospitalier de Lachine joined the McGill University Health Centre (MUHC) and became known as the Lachine Hospital. The 53-bed facility is a provincially dedicated centre of excellence in Ophthalmology, Geriatrics and Bariatric Surgery and is currently developing a program specializing in men's health. The hospital also serves as the first point of emergency medical service for Montréal-Trudeau International Airport. For more information about the services available please turn to page 5. ■



The Lachine Hospital of the MUHC is located on 16th Avenue in the heart of Lachine's residential district

NEW AND IMPROVED COMING SOON!

Lachine Hospital will benefit from major renovations thanks to a \$71.5 million investment by the provincial government. The current building will be upgraded and a new wing will be added to house an up-to-date emergency department. Construction is planned for 2019.

Upgrades to the current building will enhance the facilities to meet modern infrastructure, patient security and confidentiality standards, and the importance of infection control will be in evidence with an emphasis on single-patient rooms. The project is really taking shape! The hos-

pital's medical leaders have outlined what they need in order to meet MUHC priorities. This clinical plan states the goals (i.e., number of outpatient visits, the number of operating rooms) and helps ensure that renovations will meet clinical needs.

(see *New and improved*, page 7) ►

A WORD FROM THE CHAIRMAN

Welcome to the first edition of *The Current*, the Lachine Hospital Foundation newsletter.

This and future issues will keep you informed about the stories, people and expertise in Montreal's only community hospital that is part of the McGill University Health Centre (MUHC). The Foundation is dedicated to making the patient experience as efficient and comfortable as possible so *The Current* will also highlight our fundraising efforts that support state-of-the-art care.

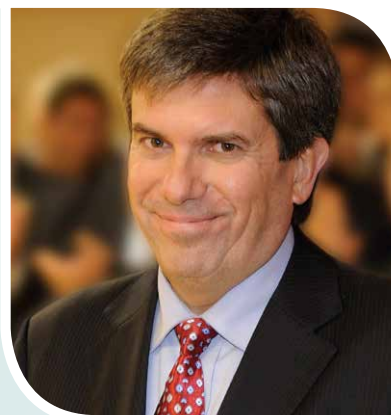
Independently managed by an 18-member volunteer board of directors, the Foundation has two employees who run its day-to-day operations. We generate revenues through direct mail and patient mailing campaigns and organize three fundraising events every year – a spring gala, a community breakfast and a November concert.

True to its mandate to contribute towards the funding of new equipment and upgrades to help maximize the quality of care that patients receive, the Foundation has raised and channelled millions of dollars into the hospital since it was established in 1976. It is

estimated that over \$300,000 worth of equipment will be purchased in 2017, thanks to the generosity of our donors, sponsors and volunteers.

In 2019, construction will begin on a \$71.5 million project to modernize the Lachine Hospital. In tandem with this, the Foundation will launch a major fundraising campaign for equipment and upgrades that will not be covered by government funding. For more information about the Foundation and its fundraising activities I encourage you to visit our website at lachinehospitalfoundation.com

On behalf of the Board of Directors of the Lachine Hospital Foundation, I thank you for your interest and hope you enjoy *The Current*. ■



**Jacques Filion, Chairman of the
Lachine Hospital Foundation**



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lachinehospitalfoundation.com



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The Lachine Hospital Foundation

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A NOT SO ORDINARY ROUTINE

A community hospital offers the local population a wide-range of medical services. On a daily basis, hundreds of people come through the Lachine Hospital's doors for blood tests, Magnetic Resonance Imaging (MRI), surgeries, and hemodialysis. Services also include ophthalmology, cardiology and physiotherapy. Add to that the many visitors who drop by the Camille Lefebvre long-term care pavilion to see family members or friends, and you definitely need an expert at the helm to ensure it all runs smoothly.

Meet Chantale Bourdeau, Associate Director of Nursing at Lachine Hospital. Chantale works closely with doctors and managers to oversee the smooth running of every single hospital department so that patients receive the expert care they have come to expect.

Chantale began her career as a paediatric nurse and switched to adult medicine after her son was born. She has held several different nursing and administrative positions during her 16 years at Lachine Hospital and, in the last year, took on her current appointment. "At this point in my career I feel that I am exactly where I should be and I welcome the challenges and responsibilities that this position offers."

In addition to being responsible for the 500+ employees under her watch, including twenty people who report directly to her, Chantale meets regularly with the MUHC's senior management team and serves on the Board of Directors of the Lachine Hospital Foundation. This past year, she was one of the key players in the workshops used as preliminary building blocks for the



Chantale Bourdeau, Associate Director of Nursing

hospital's upcoming redevelopment project. These meetings gathered physicians, nurses, employees and patients to help determine how to reorganize facilities to provide patients with the best possible experience.

The outcome of the workshops included many practical suggestions on how to improve delivery of specific services and how to best reorganize the physical space. "The process enabled the participants to see the big picture of how patient care is delivered at the Lachine Hospital and it gave them a renewed sense of ownership in their roles as hospital ambassadors." Chantale also observed that as a result of being directly involved in the process, participants became more invested and motivated in their day-to-day duties. "There was a definite buzz amongst the employees who took part, which was great to witness."

Chantale looks forward to the upcoming changes. "This next chapter of the hospital's history will be a very interesting one," she says, "I envision a dedicated, invested team of healthcare workers continuing to provide superior care to all of our patients, but with the additional support of modern technology, state-of-the-art infrastructure and smartly designed facilities. It doesn't get much better than that!" ■



Redevelopment project workshop



Lachine Hospital

The Lachine Hospital is the only community hospital of the MUHC, which means that our patients have direct access to all areas of specialty care at all the MUHC hospitals: the Montreal General, the Montreal Neurological Hospital, and the Glen Site, which includes the Royal Victoria, the Cedars Cancer Centre and the Montreal Chest Institute.

Lachine Hospital
650 – 16th Avenue
Lachine, Quebec
H8S 3N5

MUHC Glen Site
1001 Decarie Boulevard
Montreal, Quebec
H4A 3J1

Montreal General Hospital
1650 Cedar Avenue
Montreal, Quebec
Canada H3G 1A4

Montreal Neurological Hospital
3801 University Street
Montreal, Quebec
H3A 2B4



Fondation de l'Hôpital de Lachine
Lachine Hospital Foundation

MORE THAN JUST YOUR COMMUNITY HOSPITAL

A HUB OF ACTIVITY

Lachine Hospital is a vital part of its community and surrounding areas. We offer many services and our doctors perform a variety of procedures including plastic surgery, orthopaedic surgery and cataract surgery. We focus on a patient-centered approach to medicine. In fact, we have the only provincially run MRI machine specifically designed for claustrophobic patients. The hospital also has an emergency room, a 15-chair hemodialysis day unit, a palliative care unit and outpatient services available in cardiology, endoscopy, and physiotherapy, to name but a few.

Our patients experience the comfort of a community-based hospital environment while benefiting from the resources of the world-renowned McGill University Health Centre (MUHC). Any patient who comes to the hospital requiring more complex care will have immediate access to all areas of specialty medicine offered throughout the MUHC's network of hospitals. With this wide range of healthcare services available to the population it is easy to see how important the Lachine Hospital is to its community and surrounding areas. ■

2016-2017 AT A GLANCE

Emergency Department visits	19,043
Admissions	1,712
Day surgeries	6,414
External clinic visits	22,022
Ophthalmology clinic visits	14,589
Doctors	125
Nurses	195
Employees	670

A FOUNDATION HARD AT WORK

Thanks to the generosity of donors and sponsors, the Lachine Hospital Foundation contributes funds towards the purchase of medical equipment and hospital improvements. The Foundation and hospital administration work closely together to determine what the most urgent needs are and each year many departments receive new equipment or upgrades.

It is estimated that over \$300,000 will be disbursed in 2017.

For more information, please visit lachinehospitalfoundation.com



Fondation de l'Hôpital de Lachine
Lachine Hospital Foundation

YOUR DONATIONS REALLY DO MAKE A DIFFERENCE!

2016 Contributions

Cardiology	\$ 85,000
Endoscopy	\$ 24,000
Ophthalmology	\$93,000
Palliative Care	\$ 20,000
Radiology	\$ 13,000
Surgery and Post-operative	\$ 19,000
Waiting room upgrades	\$ 46,000

DONOR SPOTLIGHT

A NEW OUTLOOK ON LIFE: ROUTINE SURGERY YIELDS EXTRAORDINARY RESULTS

Kathleen VanderNoot was convinced that something unusual had happened in the Lachine Hospital operating room during the cataract operation on her left eye. Once she got her new prescription eyeglasses a few weeks after the surgery, she was sure of it. For the first time in her life, she had peripheral vision in her left eye.

Kathleen was born with Duane Syndrome which meant she had limited movement of her left eye and no peripheral vision on that side. When she was six years old, she underwent eye surgery that did not fix the problem. She remembers a surgical amphitheater and being anesthetized using gas. It is a frightening memory that has made subsequent surgeries more difficult for her. “I remember being in a very large room and people going around and around my head.”

“My vision never stopped me,” she says. She earned a master’s degree, taught, and worked at McGill University, for 20 years as a library assistant. She travelled, even though her eyesight made it difficult to adjust to new environments since she had a tendency to trip and bump into things, especially in unfamiliar surroundings.

On operation day at the Lachine Hospital, Kathleen was nervous. “I suffered from anxiety because this was the fourth time my eye was being operated on. I was so scared! I still dreamt about the gas mask and all these people going around my head when I was 6. I have to say one thing about the hospital: they were wonderful. Those nurses were angels.” She said the attending nurse was very sensitive in dealing with her fears and heightened anxiety due to her past surgeries.



Kathleen VanderNoot

Kathleen’s surgeon, Dr. Manuel Perrier, is Director of Ophthalmology at Lachine Hospital and has performed about 15,000 surgeries during his career. He says hers was memorable because it was not a typical operation. “The positioning was a little difficult because of the way her eyes are aligned. She has a hard time just looking straight ahead, especially when she’s lying down. All I could see was the white of her eye so I needed her to bring the eye down to see it properly for the surgery.”

After the procedure, Kathleen says the recovery room nurse was surprised when she told her that she was in pain, which is unusual for cataract surgery. She said the nurse was very attentive and spoke to the doctor about pain management, which was immediately attended to.

Weeks later, she went to get her new eyeglasses and on the walk home, she looked left and saw the rims of the new glasses she was wearing. “I froze. I could see the left rim of my lenses! I’d never done that before. I couldn’t play tennis, I couldn’t play golf, and I couldn’t drive because I couldn’t judge distances.” She delights in using her recently acquired peripheral vision. “I’m certainly a lot less careful about what I do and I don’t bump into things. No more bruises!”

Lachine Hospital’s Ophthalmology department handles approximately 15,000 visits a year and deals with 4,000 cataract cases. The clinic is an MUHC centre of excellence and helps reduce waiting lists by its ability to treat a high volume of patients. Dr. Perrier says that the ultimate strength of the clinic rests in the people. “We have a good group of doctors and we’ve always had great personnel. We’re

good at what we do and we’re proud of it. Everyone wants to keep that reputation.” The small and effective ophthalmology team is well-known for donning themed costumes for Halloween, to the delight of patients and hospital staff.

Kathleen is so pleased with her experience that she made an unsolicited donation to the Lachine Hospital Foundation to thank the Ophthalmology team and to support the clinic’s work. She is thrilled with the results, which she says have added an entire new dimension to her life.



Dr. Perrier says everything in the clinic was purchased by funds donated to the hospital’s foundation. “All the equipment and instruments we use to examine every single patient have been purchased through the Foundation, thanks to the generosity of people like Kathleen VanderNoot.” ■

**Kathleen VanderNoot with
Dr. Manuel Perrier, Director
of Ophthalmology**

► *(New and improved, from page 1)*

The functional program is now underway and will develop schematics for each unit and department. Over the past year, employees and doctors from every department of the hospital took part in workshops to find the best ways to deliver health care and services to Lachine Hospital patients. These consultations are already yield-

ing excellent results. One of the exercises included mapping out the steps of an ophthalmology patient requiring cataract surgery. Participants realized that several parts of the process could be combined, or even eliminated, by changing delivery methods or relocating certain services, and this resulted in a better and more efficient ex-

perience for patients. Once it is finished, the functional program will serve as a guide for the architects in their design of the new wing and renovated spaces.

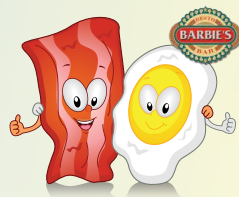
It is estimated that construction will be completed in 2021. For more detailed information about the project please visit hoplachine.com. ■

HOP
Lachine!
A HOSPITAL ORIENTED TOWARDS PATIENTS

EVENTS



Fondation de l'Hôpital de Lachine
Lachine Hospital Foundation



Palliative Care Fundraising Breakfast

Saturday, October 14, 2017
from 7 a.m. to 1 p.m.



\$15 for adults

\$5 for children under 11

Ticket valid from October 14, 2017
to January 31, 2018 (except Sundays)

Tickets are available online at:
LachineHospitalFoundation.com

Barbie's Restaurant
15, boul. Bouchard, Dorval H9S 5X2
Info : 514 637-2351, 77333

To learn more about the different types of sponsorships offered for the Foundation's annual events please contact Monica McDougall at 514 637-2351 ext. 77225

Each year the Lachine Hospital Foundation organizes several fundraising activities. Proceeds go towards the purchase of new medical equipment and hospital upgrades.

Mark your calendar and join us for these fun-filled events in support of a very worthy cause.



*The Lachine Hospital Foundation
presents*

GREGORY CHARLES

WEDNESDAY, NOVEMBER 1st, 2017, 8 PM

IN CONCERT

L'Entrepôt
2901 boul St-Joseph
Lachine QC H8S 4B7

Tickets \$ 95
514 637-2351, 77333

LachineHospitalFoundation.com